



## Solemnity of Holy Trinity and Father's Day

**A**s a scholastic reading theology in Dublin many years ago, I remember taking a whole course on the Holy Trinity, and we also had to read a small book for our final paper. Unfortunately, I do not remember anything about the course or the book, or even the name of the professor. What I do remember is the emotion — it was a difficult course coupled with an uninspiring lecturer. I will not put you through my attempts to explain what the Holy Trinity is all about. Over the years, I have shared with others, especially those from my RCIA class, the basic catechism on the Holy Trinity. The Trinity can be understood as the loving relationship between and among, the Father, Son and Holy Spirit. So think in terms of a family relationship, God the Father is the Father because there is the Son, Jesus Christ, and the bond of love between the Father and the Son is the Holy Spirit.

You may ask, “What has the Holy Trinity to do with my life as a baptized

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Catholic, and especially today as we celebrate Father's Day?” Perhaps nothing or everything! If it is “nothing” then we do not have to pay much attention to it, but if it is “everything” then we need to reflect on this Most Holy Trinity. It may or may not be coincidental that we are also celebrating this Holy Trinity on Father's Day.

As we celebrate Father's Day on the Solemnity of the Most Holy Trinity, we may want to call to mind the perceived image and experience/encounter with our own fathers. What type of father do you think St Joseph, the foster father of Jesus, was, or perhaps Jesus himself as a spiritual

father? Where would Jesus of Nazareth learn to be a father, if not from modelling the person of St Joseph in his carpentry shop when he was growing up. Modelling after one's father is innate for many learning how to be a father. Our personal experience of a father often provides us with a mental and an emotional template of what a father should be, and how to go about being one, since there is no school out there to teach a person how to be a parent. We learn by modelling or assimilation — “values are not taught but caught”. Our image and experience of a father often dictates who we are as a father, perhaps one who is gentle, kind, loving, compassionate, attentive, thoughtful, sensitive, prayerful, or even “motherly” in some ways — characteristics that we attribute more often to mothers but can reside in fathers too. Personally, I have come across such characteristics in fathers,

even in my own father who possesses some of these wonderful graces from God. Keep in mind too that children may experience their fathers differently,

even when living under the same roof. It is the perception or interpretation of the interaction between father and child that will eventually form our image or model of what a father should be.

The point that I hope to get across on this great feast of the Holy Trinity and on Father's Day is that our relationship and experience with our father, to a large extent would determine who or what we are as fathers. Acknowledging too the possibility of “corrective parenting/fathering script” in one's life. The saving grace is that fathers can still learn from whatever “failed attempts” by re-modelling their

connectivity with their children from the example of Jesus Christ and his Abba Father. Jesus was always in touch with God his Father, praying early in the morning and at the close of the day. Jesus would take time to pray, have that conversation with his Father about his day, seek his Father's guidance, support and strength to continue with his often challenging and at times dangerous mission. Bear in mind too that communication should be both ways, and not “I talk, you listen”.

Fathers too need that constant spiritual conversation, support and strength from God the Father in your fatherly journey here. Hence the idea of a fathers' retreat is one that I hope will happen at our Kingsmead Centre — for fathers to come together to learn and share what it is to be father to your children and husband to your wife. Of course, with the “permission” of your wife to spend a weekend at Kingsmead Center, away from the family to bond spiritually with God the Father through Jesus Christ, and with other fathers there.

On this Father's Day, we need to express our heartfelt gratitude to our father who is often taken for granted as provider and protector of the family. Fathers are also in constant need of loving affirmation by those around them, especially their wives regarding their important mission as fathers, but more so as spiritual heads of the family. Like St Joseph of Nazareth in his loving co-parenting role in bringing up Jesus, our Risen Lord, we give thanks and praise to our own fathers today as we celebrate Father's Day. May the Most Holy Trinity continue to bless and keep our fathers, and grandfathers, safe in God's love! Happy and Blessed Father's Day!

FR CHARLES SIM, SJ

## PARISH NEWS

### JUNE – MONTH OF THE EUCHARIST

As a special devotion to the Holy Eucharist during the month of June, there will be Exposition of the Blessed Sacrament before the Saturday and Sunday evening Masses, 5.15pm – 5.45pm.

### SOLEMNITY OF THE MOST SACRED HEART OF JESUS – WORLD DAY OF PRAYER FOR THE SANCTITY OF PRIESTLY LIFE

The Novena to the Sacred Heart of Jesus begins on Thursday 20 and ends on Friday 28 June, at the 6.00pm Mass, concelebrated by Jesuits and includes the memorial and renewal of families' consecration to the Sacred Heart of Jesus. During this same period, the Worldpriest Annual Global Rosary for the sanctification of priests will be recited after the daily 7.00am Mass, and before all 6.00pm Masses at 5.15pm.

### FEAST OF CORPUS CHRISTI EUCHARISTIC PROCESSION

As part of our Parish's celebration of the Solemn Feast of Corpus Christi, the Saturday 6.00pm Mass on 22 June will conclude with a Eucharistic Procession from Church to the Grotto. The outdoor carpark lots outside St Ignatius Hall will be closed, while cars parked outside Sacred Heart Hall will not be able to leave until the Procession returns to the Church. All are invited to join the Procession, followed by Adoration and Benediction.

### WEEK OF GUIDED PRAYER (WOGP) AT ST IGNATIUS

Sojourners' Companions invites all to the St Ignatius parish retreat, in the lead up to our parish-wide celebration of the Feast of St Ignatius in July.

Taster morning: Saturday 6 July, 9.30am – 12.00pm, at St Ignatius Hall.

Daily (Monday to Friday): Half hour, at your convenience, with one-to-one prayer guide.

Closing: Saturday 13 July, 9.30am – 12.00pm

Sign up forms available from the parish office.

Email: [wogp@sojourners.sg](mailto:wogp@sojourners.sg)/Register: [www.sojourners.sg](http://www.sojourners.sg)

Enquires: Suzanne Leong at 9697 7800

### RITE OF CHRISTIAN INITIATION FOR YOUTHS (RCIY) 2019/2020

Invite non-Catholic friends and family aged 17-24 years to RCIY and share the joy of the faith today.

\* Welcome tea and info session on Saturday 6 July, 4-6pm

\* Introductory Sessions on Saturdays 13, 20, 27 July

\* Subsequent sessions every Tuesday from 6 August, 8pm

Contact: Aaron (8228 3419) or Debbie (9817 2118) Email: [rciy.ignatius@gmail.com](mailto:rciy.ignatius@gmail.com) Website: [tinyurl.com/stiggysrciy](http://tinyurl.com/stiggysrciy)

Fr Colin Tan, SJ Parish Priest

Fr Matthew Tan, SJ Assistant Parish Priest ★ Fr Jerome Leon, SJ Assistant Parish Priest

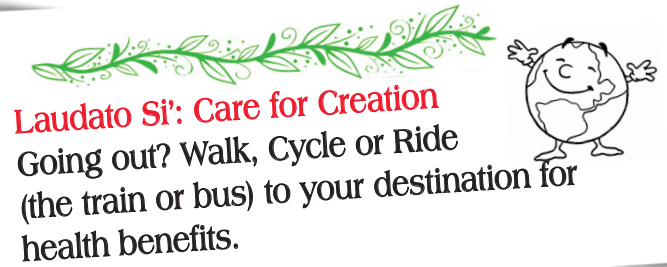
Angela Kurnadi Parish Administrator ★ Suzie Wee Parish Accountant

Jeremy Aloysius Catechetical Director ★ Robert Ong Sacristan

Gerard Robert Youth Coordinator ★ Cheryl Lek Youth Coordinator

David Saw Operations Manager ★ Steven Leong Facilities Manager

Therese Gian Communications Manager



### RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA) 2019/2020

Begins 6 August (every Tuesday, 8.00pm to 10.00pm). Introduce friends or family to our Catholic faith. Baptised Catholics are also invited to journey as sponsors.

RCIA sponsors' and facilitators' briefing and training: every Tuesday from 9 July, 8.00pm. Enrolment forms for Inquirers and Sponsors at the Place of Gathering and website. Contact Teddy (9745 8313) or Angela (6466 0625).

SPONSORS



INQUIRERS



### INFANT BAPTISMS on Sunday 14 July at 3.00 pm.

Parents and godparents are required to attend a briefing on Sunday 7 July, 3pm at La Storta Room. Registration forms available at the church office or website. Please choose a saint's name for your child. Contact Lisa Ling (9818 5281) & Brian (9760 0978); or Michelle (9765 5065) & Lin Wein Khoo.

### CHARISMATIC RENEWAL COMMUNITY

Our community will be having a Eucharistic celebration with Fr Michael Ravi as the celebrant. All are welcome this Wednesday 19 June, at St Ignatius Hall. Praise & Worship begins at 7.30pm, and Mass is at 7.45pm, followed by fellowship until the evening ends at 9.30pm. ARISE (A Renewal in the Spirit Experience) is from 10 July to 18 September. You may sign up here.



### JUMBLE SALE BY HOMEMAKERS

The Homemakers Ministry is still collecting clean and saleable items for the jumble sale on 29 and 30 June. Please drop them off by this Wednesday 19 June.

### RIP NEWS – RISEN IN THE LORD

Radia Marie Loh Lai Kian – 95 years old

Departed: 6 June 2019

Constance Djeng Mir Haw – 76 years old

Departed: 8 June 2019

## NCC NEWS

Unless otherwise stated, all meetings start at 8.00pm.

### ZONE B DISTRICT 3

Thursday 20 June, #02 SH-F

Programme: 1) Daily Word of God

2) Seven Deadly Sins/Seven Lively Virtues (DVD). Rev.

Robert E. Barron

### ZONE C – ST TERESA OF CALCUTTA

Monday 17 June, Loyola Room, 7.30pm

Programme: Video on Miracles of the Eucharist

# CONTEMPLATING THE LORD

Let your God love you

Be silent.  
Be still.  
Alone.  
Empty  
Before your God  
Say nothing.  
Ask nothing.  
Be silent.  
Be still.  
Let your God  
Look upon you.  
That is all.  
God knows.  
God understands.  
God loves you  
With an enormous love,  
And only wants  
To look upon you  
With that love.  
Quiet.  
Still.  
Be.  
Let your God –  
Love you.

Christians are increasingly drawn to contemplation, even though many are unsure of what it entails. “Contemplation” sounds lofty and out of reach for the ordinary Christians, as if it is a domain reserved for the select and holy few. But, is it?

In its simplest form, contemplation is a conscious gaze at something that one loves. To contemplate is to pay attention and be fully present to that something or someone special. For example, we contemplate the ocean by spending hours gazing at the far horizon where the sea meets the sky, observing the ebb and flow of the waves, watching the seagulls swooping down to fish, noticing the subtle changes brought by the seasons, diving deep to experience the living creatures undersea. To contemplate the ocean is to be aware of the fascinating interplay between us — the observer — and the ocean — the observed.

The more time we spend contemplating the ocean, the more we know the ocean. We can study it from the textbooks, but unless we swim and spend time in it, we will never truly know the ocean. What may start as an intellectual encounter must deepen into an experience. We can apply this to any subject: insects, flowers, forests, loved ones.

Let’s take a mother and a baby as another example. A baby senses and recognizes its mother’s presence; when she is near, it longs to be picked up and held. It’s a reality that the baby may not understand rationally, but it has tasted the warmth of her tender hugs and loving gaze. Similarly, a mother may immediately awaken from a deep sleep by a soft whimper of her baby. If the nine months form an unbreakable bond of love between a mother and her baby, how great would the bond between us and the Lord, who created us, be: “Before I formed you in the womb, I knew you; before you were born, I sanctified you” (Jer 1:5) Would our soul not know and long for the Love who has created and cared for us everlasting?

The Psalmist proclaims, “O LORD, you have searched me and known me ... If I ascend into heaven, You are there; if I make my bed in hell, behold, You are there ... and that my soul knows very well” (Psalm 139). God is everywhere; we are immersed in His presence. Our mind may not comprehend Him, but our soul knows Him: He who is before us, behind us, besides us, beneath us, within us. We live in the Presence. The Presence that permeates in every cell of our being and calls us unceasingly to be with Him. It is the call that reaches even the simplest of hearts.

St John Vianney once found an old farmer in the Church staring at the Tabernacle everyday. The saint asked the farmer what he was doing, and the man explained, “I look at Him and He looks at me.” The farmer was contemplating the Lord in the Blessed Sacrament, as the Lord was contemplating the farmer too. To contemplate is to love and to be loved.

The Lord is inviting us to adore Him, and most importantly, to be adored by Him. Let us be still in His presence as He gazes at us with delight. It is the gaze of a lover, where heart speaks to heart, and words, redundant.

## JESUIT NEWS

### AUTHENTICITY AND CARE RETREAT

For all of us who care because "To Care" is a common human expression of our love and fidelity to each other. What do we really mean – has it been duty, manipulation, possession or love? To grow in awareness of what is authentic care. Facilitator: Lance Ng.

Date/Time: Friday 5 July, 7.30pm to Sunday 7 July, 4.00pm

Contribution: \$260 (non-AC); \$300 (AC).

Venue: Kingsmead Centre, 8 Victoria Park Road

Register: <http://tinyurl.com/raac19>

**Jesuit Regional Curia, Telephone: 6469 7356**

Fr Christopher Soh, SJ, Fr James Tan, SJ

**Kingsmead Hall, Jesuit Community, Tel: 6466 3225**

Fr Gerald Tseng, SJ, Fr Charles Sim, SJ, Fr Leslie Raj, SJ, Fr Agustinus Tanudjaja, SJ,  
Fr Gregory Tan, SJ, Fr Ravi Michael Louis, SJ, Msgr Philip Heng, SJ, Fr Adrian Danker, SJ,

**Kingsmead Centre, Tel: 6467 6072 Jesuit Mission Office Tel: 6463 6022**

## ARCHDIOCESAN NEWS

### WOUNDS OF THE HEART OF JESUS

All are welcome to join in this Day of Recollection, organised by the Carmelite Friars, next Saturday 22 June. Conducted by Fr Thomas Lim at Good Shepherd Place (chapel), 9 Lorong 8 Toa Payoh, S319253, 9.00am – 5.30pm. Recollection will conclude with sunset mass at 4.30pm.

### MONTHLY ARCHDIOCESAN PRAYER MISSION MASS

The Cathedral of the Good Shepherd, as the Mother Church of our archdiocese has been praying for God's special protection, guidance and blessings on the many needs of our archdiocese. The monthly Mass, Benediction and brief reflection began in March this year. The next one is on Thursday 20 June at 7.30 pm, in the Cathedral. We urge you to please give this important initiative of the Cathedral your support. For further details please phone the Cathedral office: Tel: 6337 2036.

### HEY CATHOLICS! GO OUT INTO THE WHOLE WORLD!

Date/Time: Saturday 6 July, 1.30pm - 3pm

Venue: PSB Academy @ Marina Square, 6 Raffles Blvd

Organised by Office for the New Evangelisation

Pope Francis announced the Extraordinary Missionary Month October 2019 to celebrate the 100th anniversary of Pope Benedict XV's Apostolic Letter Maximum Illud – a document that touches on reinvigorating the sense of responsibility for proclaiming the Gospel with new enthusiasm. Rev Fr Kenson Koh will explore the significance of Maximum Illud for today's Catholics. To register visit [www.one.org.sg/events](http://www.one.org.sg/events)

### Church Office

120, King's Road, Singapore 268172 or  
8, Victoria Park Road, Singapore 266492

### Entrance via 8 Victoria Park Road

Kingsmead Hall (Priests' Residence), St Ignatius Hall, Sacred Heart Hall, Kingsmead Centre (for Ignatian Spirituality & Counselling)

### Sunday Masses

Saturday: 6.00pm

Sunday: 6.45am, 8.15am, 10.15am, 12.15pm  
and 6.00pm

### Weekday Masses

Monday – Friday: 7.00am & 6.00pm

Saturday: 7.00am

### Confessions

Every Friday & Saturday: 5.40pm

Every Sunday Mass: 20mins before Mass begins

### Infant Baptism (each month)

Briefing for parents & godparents (compulsory):  
1st Sunday, 3.00pm

Baptism: 2nd Sunday, 3.00pm sharp

Registration forms are available at front  
of Church office

### Weddings

Couples must make themselves known to the  
priest at least one year before the wedding.  
Contact: Sacristan, Robert Ong (8511 4614)

### Visiting Hours (Columbarium)

Open daily from 6.30 am to 8.00 pm (including  
weekends & Public Holidays)

Memorial Mass at the Main Church every  
4th Friday, 6.00 pm for all deceased  
parishioners and families, followed by prayers  
in Columbarium.

### Inigo Bookstore

Wednesday to Saturday: 4.30pm to 7.00pm and  
during Sunday Masses. Closed on Monday  
and Tuesday

### Sick, Elderly and Homebound

Please contact the parish office if help is  
needed for parishioners hospitalised  
(regardless of hospital).

In emergencies, you may also contact priests'  
residence at 6466 3225

### Bereavement

Please contact the parish Sacristan, Robert  
Ong (8511 4614) for help and advice before  
contacting the funeral director.

**Church of St Ignatius has no official social  
media account.**

### WEEKLY

#### Rosary Devotion in Church

Monday to Saturday, after 7am Mass and  
Monday to Friday 5.15pm to 5.45pm,  
except first Friday of the month

#### Intercessory Prayers

Tuesday, 2.30pm in Sacred Heart Hall  
Adoration Room, Level 2

Catholic content online, login:

**www.FORMED.org**; parish code: **4904ed**

#### Gentle Light

Tuesday, 10am – 12noon in St Francis  
Xavier Chapel (Kingsmead)  
Thursday, 10am – 12noon in Sacred Heart  
Canteen (Room SH-A)

#### Divine Mercy Devotion

Every Wednesday after 6.00pm Mass in  
the Main Church.

#### Christian Meditation

Friday, 2.30pm in St Francis Xavier Prayer  
Room (Kingsmead)

### MONTHLY – in Main Church

#### Sacred Heart of Jesus Mass

Every 1st Friday, 8.00pm (No 6.00pm Mass)  
Followed by **Eucharistic Adoration  
by Generation CHRIST!**

#### Children Eucharistic Adoration

Every 3rd Friday, 7.45pm. No session in  
June and December

#### Memorial Mass

Every 4th Friday, 6.00pm, followed by  
prayers in the Columbarium