



My Life in the Body of Christ

“Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you.” (John 6:53)

“Who am I?” Identity for anyone is often more than just a name. It encompasses the person, the body, the character, the personality, the traits and the uniqueness, and the soul or quality of presence of that one person in the world.

In philosophy, we are told, “I am my body”, which realistically means that we experience the body and have a body with all biological functions. Yet, there are also differences beyond what we have in common. There are individuated qualities that make me different and unique at the same time. In other words, I am more than my body — I have a “self” — a consciousness and will that defines me uniquely, vis-à-vis, my relationship with my family, friends, and God as my Creator and Originator of my body and being.

Hence, if I do not tend to my body like a good gardener does for his trees and plants, it will not be able to function at its best. If I do not love my body, I will find it hard to love others who have a body similar to mine. I will not harm my body by abusing it with drugs, alcohol or harmful substances. Nor, will I neglect it by depriving it of healthy food, rest, sleep, work and exercise.

Jesus tells us that we, the church, are the body of Christ. Do I truly care for

the other? How do I mediate God’s love for each of us? Jesus gives of himself fully to us as the “living bread, which has come down from heaven. Anyone who eats this bread will live forever.” (Jn 6:52)

We become what we eat. Augustine said, **“Believe what you see, see what you believe and become what you are: the Body of Christ.”** When we say **“Amen”**, we are saying **“Yes! I believe this is the Body and Blood of Christ and that I will be the Body of Christ to others.”** Indeed, this is our faith, a singular blessing from God, who knows how weak we are and that we need Jesus to be our food for our pilgrim journey.

As Catholics, we have the Eucharistic faith to believe and to receive Jesus into our lives. We have been given the privilege of this faith to see the real presence of Jesus in the Eucharist. Our Mass is more than a “memorial”. Jesus in the Eucharist is a great gift and a blessing bestowed on us by Our Lord himself — given up for the life of the church. Jesus knows that we need him to nourish us with the bread of eternal life. St John Vianney confirms this insight when he says, **“The soul hungers for God, and nothing but God can satiate it. Therefore, He came to dwell on earth and assumed a Body in order that this Body might become the Food of our souls.”**

REFLECTION

So Far Surpassing Hope or Thought

✠ In today’s celebration we proclaim our belief in the real presence of Jesus Christ in the Holy Eucharist. The Eucharist bears within itself the whole reality of Jesus Christ, Son of the Father.

Corpus Christi reminds me of my first Holy Communion. Relating my intimate relationship with God and with others. That God is my companion always and forever.

Jesus reminds us that in the Eucharist, he is present to us his people in the paschal mystery, and he knows all about us from what he says, “I am with you till you reach Heaven.”

Jesus in his love for us chose to remain under the appearance of bread and wine. He lives within each one of us. The best gift that anyone can give is the total self. Jesus did, as a sacramental sign of his love. The bread of life that keeps us alive and nourished in the spirit. Alive to the full understanding of everyday events.

As we travel through life, let us remember that Christian faith and life is about relationship, and to live in the presence of the Trinity is our deepest happiness.

FR GERRY KEANE, SJ

In the final analysis, God is love. He who loves – provides everything that I need for my wellbeing, health, happiness and salvation. When I receive Jesus as bread broken for the world, I naturally imitate him to be like him and give of myself in feeding the world that hungers for God.

FR COLINTAN, SJ

Fr Colin Tan, SJ Parish Priest ★ Fr Matthew Tan, SJ Assistant Parish Priest ★ Fr Jerome Leon, SJ Assistant Parish Priest

Angela Kurnadi Parish Administrator ★ Joyce Setiawan Parish Accountant ★ Jeremy Aloysius Catechetical Director ★ Gerard Robert Youth Coordinator ★ Cheryl Lek Youth Coordinator
Robert Ong Sacristan ★ David Saw Operations Manager ★ Steven Leong Facilities Manager ★ Therese Gian Communications Manager

PARISH NEWS

JUNE – MONTH OF THE EUCHARIST

As special devotion to the Holy Eucharist during the month of June, there will be Exposition of the Blessed Sacrament before Saturday and Sunday evening Masses, 5.20pm – 5.50pm.

SOLEMNITY OF THE MOST SACRED HEART OF JESUS

World Day of Prayer for the Sanctity of Priestly Life

Novena to the Sacred Heart of Jesus from Thursday 31 May until Friday 8 June, 6.00pm Mass, concelebration by Jesuits, including the memorial and renewal of families to the consecration of the Sacred Heart of Jesus.

FEAST OF CORPUS CHRISTI EUCHARISTIC PROCESSION

As part of our Parish's celebration of the Solemn Feast of Corpus Christi, this Sunday 6.00pm Mass (3 June) will conclude with a Eucharistic Procession from Church to the Grotto. NO parking at the lots outside St Ignatius Hall, cars will not be able to leave until the Procession returns to the Church. All are welcome to the Procession, followed by an hour of silent adoration and Benediction at 8.15pm.

THEMATIC MASSES

The usual first-of-the-month thematic masses for families, children and youth takes a break for the June holidays. Come celebrate thematic masses in July, Saturday 7 and Sunday 8 July.

NURTURING OUR ENVIRONMENT

Inspired by Pope Francis' Encyclical "Laudato Si", **On Care of Our Common Home** – A Sharing by Fr Colin Tan, SJ, explores the Catholic Church's teachings on ecology, climate change and what we, as Christians must do. Saturday 9 June, 9.00am at La Storta Room. Registration with Angela Sng at 9664 2094 or email ambersky268@gmail.com by next Sunday 3 June.

JUMBLE SALE BY HOMEMAKERS

Saturday 23 June, 9.30am to 3.00pm, and Sunday 24 June, 9.30am to 1.00pm, at St Ignatius Hall. In support of the Parish Social Mission Fund. Ensure all donations are in good and saleable condition. NO bulky furniture, outmoded machines, TV and printers, video and cassette tapes, and text books. Place your donations by Monday 4 June at the drop-off outside Sacred Heart Hall canteen.

CHARISMATIC RENEWAL COMMUNITY

Pope Francis quotes Cardinal Leon J. Suenens, "The Renewal ... is a current of grace, a renewing breath of the Spirit for all members of the Church" (2015). Join a sharing on the Historical Perspectives of CCR. All are welcome this Wednesday June 6, at St Ignatius Hall. Start at 7.30pm with dinner and fellowship, and end at 9.30pm. All are welcome.

RCIA – *Come and experience the fullness of life!*

A special invitation for inquirers of the Catholic faith and sponsors to join the next RCIA journey, beginning: Tuesday 3 July, for Sponsors and Facilitators, Tuesday 7 August, for Inquirers. Thereafter every Tuesday, 8-10pm, at St Ignatius Hall. For information, contact: Parish office: Angela (6466 0625) | RCIA: Sandra (9628 6472). Register Now at <https://tinyurl.com/stignatius-rcia>



RCIY

Invite non-Catholic friends and family, aged 17-24, to RCIY and share the joy of the faith today.

Saturday 14 July, welcome tea and info session, 4-6pm

Saturday 21 and 28 July, First two sessions, 4-6pm

Subsequent sessions every Tuesday from 7 August, 8-10pm

Website: <https://tinyurl.com/stiggysrciy> or contact Eliza (9724 7613) or Aaron (8228 3419) or Email us: rciy.ignatius@gmail.com

PMC (PERSON WITH MOBILITY CHALLENGE)

For all masses, look out for reserved seats for parishioners with limited mobility, PMC, the elderly and wheelchair bound, who require communion to be brought to them. Only one caregiver may be seated next to their PMC. All seats are first come first served. Please inform the greeter if you wish to receive Holy Communion.

MIND YOUR STUFF

Parishioners are advised to keep watch on their personal belongings, especially handbags and valuables, while receiving communion, and in and outside the Church. Check if you left anything behind when leaving.

BE PART OF OUR PARISH FAMILY

We encourage new parishioners and those who have yet to register, who attend Masses regularly at St Ignatius Church to register with the Church Office. Being registered as parishioners gives you the privilege of using the church for weddings, Catechism Classes and funerals among other advantages.

The 12 NCC and SCC groups within our parish allow for parishioners to support each other in faith and fellowship. If you wish to be part of any of these communities of faith, contact the church office or Bernard at bernard@attitudeDS.com or 9450 7077. You can also leave your contact at the Help Desk at the Place of Gathering. All, whether young or old, are welcome.

RIP NEWS– RISEN IN THE LORD

Johannes Tan Hap Khiang – 100 years old

Date of death: 29 May 2018

NCC NEWS

Unless otherwise stated, all meetings start at 8.00pm.

ZONE A DISTRICT 1

Wednesday 13 June, SH-02-E

Programme: "Who Am I to Judge? – Responding to Relativism with Logic and Love" by Edward Sri

Session 8: What is Truth? – Common Questions about Moral Relativism

ZONE B DISTRICT 1

Tuesday 5 June, SH-E

Programme: Screening of DVD– St Anthony Of Padua – The miracle worker /Discussion/Fellowship .

NCC ZONE B DISTRICT 3

Thursday 21 June 2018, #01-04

Programme: 1) Gospel Sharing – Daily Word of God
2) History of Christianity

We are the Body of Christ

There's an old story about a woman who lost her husband. Overcome with grief, she sought cures for her sadness. After many different medicines and therapies, she was still very upset. So finally, someone said that she should go see the priest of the village.

Reaching the hut where the priest lived she asked how she could get over the death of her husband. With a twinkle in his eye, the priest said he would love to help, but his house was cold and needed some firewood for a fire, so they could speak in comfort.

The priest asked her to go to the families living around his hut and ask for some. He assured her that the people were generous and would willingly give her their firewood.

Just as she was about to set off the priest stopped her and said, "But only take firewood, please, from a house that has lost no one."

So, the woman went, house to house, in search of firewood. At each house she said, "If this house has lost no one, then could you spare me some firewood?"

The woman eventually returned to the Priest's house many hours later. She had no firewood for a fire, but her heart was healed.

Theologian John Shae often tells this story to illustrate how the ties that bind us are far stronger than those that divide us, and how easy it is to forget that we are more connected to those around us than we may perceive.

I, myself, struggle with this constantly. As a disabled individual, it was difficult growing up with everyone offering sympathy, physical help and even concessions because of my disability. Often, I would see the help and concessions more bothersome than helpful. "These folks don't know how to help," I thought, "They all can walk! How would they ever know what I am going through?"

Much of this is fear. Much like the disciples on Pentecost, we often think we can hide.

Hide behind our vanity: "If I can just find a way to walk with crutches and carry a bag, everyone will stop trying to help me." They will still offer to take your bag.

Hide from people: "If no one sees me

struggle, it means dealing with disability is easy and I did it with grace." You are not a hermit, you can't hide from everyone, and even hermits have visitors.

Hide from weakness: "If I don't say I'm too tired to walk any further, no one will know." Oh please! Even if you don't say it, they will eventually see it.

Once again, like the disciples at Pentecost and the grieving widow searching for a cure, we think we can hide ourselves in an upper room, where we can deal with our problems on our own. We often think that if we can "control" what is wrong, we can "fix" it. Even with all the hiding, we, and the disciples cannot pretend that we can ever "fix" anything alone.

And apparently neither can God. God is 3-in-1 coffee! As we so often hear! The Holy Trinity is God, and they love each other so much that they push and pull each other into the things that each of them do individually. Just like the Holy Spirit showing up at Pentecost for Jesus' disciples.

The Father, the Son, and the Holy Spirit, do this so often that it can almost be described as a dance. This dance is something theologians like to call "Perichoresis", where the Trinity dances or rotates around each other with great love. So, every time we push ourselves to love someone more, or we pull someone unknown further into our lives, we dance.

After all, we are all followers of the Lord of the Dance, and he said that "For where two or three are gathered in my name, there am I with them" (Mt 18:20). So much like the Trinity, the disciples at Pentecost, and the villagers that healed the grieving widow, we dance together, we always have. Just like God, we cannot do it alone.

We are the Body of Christ.

It is our breaking and sharing of ourselves that is celebrated at Corpus Christi, and at every mass when the Eucharist is consecrated. As such, we already share of ourselves with each other, and nourish each other. It is fair to say that we are always among true friends and fellow members of the Body of Christ, however difficult we may find each other to be.

This fact is easily dismissed. The

widow in the story actively sought cures to her grief in a fashion where only her personal grief was assuaged. Just as I, sought out solutions to my disability, which only required actions that I could perform rather than accepting the help of others. This is natural. It is far easier to hide or to do things alone, rather than admit to ourselves and others that we need help.

But what Pentecost, Trinity Sunday, and Corpus Christi show is that God might not always work by helping us directly, but God shows up when we ask each other for help, when we are vulnerable to each other. This way, we may feel and even touch his presence in a real and even human way, through fellow members of the Body of Christ. In this way, we see the image of God in each other.

God came to the disciples at Pentecost when they were gathered together in shared fear, not when they were individually alone and afraid. Healing only came to the grieving woman when her fellow villagers shared their grief with hers until, together, the woman and the villagers bore and healed grief that was too much for just one person to carry.

Lastly, the scope and size of what I was able to do only grew when I allowed others to help me. Only then did I realize that everyone has things that they have trouble with, and that I was no different. Only with the help of others was I finally able to leave fear and insecurity behind. The tenderness and patience my friends and loved ones showed and continue to show, can only come from love, a love that is based in God's own love within the Trinity.

We can try to deny it, we can even try, as I did, to hide ourselves from it, but God exists in community. God exists in the people around us, even those we hate to love. And God exists in the sharing of fear, grief and trouble with others, no matter how difficult or uncomfortable that might be.

So, as we ponder Pentecost, Trinity Sunday, and Corpus Christi, may we all consider what Irish author Peig Sayers once said, "It is in the shelter of each other that people live".

JESUIT NEWS

DISCERNMENT OF SPIRITS IN THE IGNATIAN TRADITION

In this retreat, engage in the actual discernment process as prescribed in the First and Second Week's Rules of Discernment of the Spiritual Exercises. Learn to discern various movements of spirits.

Facilitator: Fr Pham Hung Trung, SJ

Dates /Times: Friday, 22 June, 7.30pm to Sunday, 24 June, 5.00pm

Contribution: \$270 (non-AC), \$330 (AC)

Register: <http://tinyurl.com/Pham18>

Jesuit Regional Curia, Telephone: 6469 7356

Fr Christopher Soh, SJ, Fr James Tan, SJ

Kingsmead Hall, Jesuit Community, Tel: 6466 3225

Fr Gerard Keane, SJ, Fr Gerald Tseng, SJ, Fr Charles Sim, SJ, Fr Leslie Raj, SJ,
Fr Agustinus Tanudjaja, SJ, Fr Gregory Tan, SJ, Msgr Philip Heng, SJ, Fr Adrian Danker, SJ,

Kingsmead Centre, Tel: 6467 6072 Jesuit Mission Office Tel: 6463 6022

ARCHDIOCESAN NEWS

ANNUAL GLOBAL ROSARY RELAY FOR PRIESTS

Join the Annual Global Rosary Relay for the sanctification of priests and encircle the world in prayer for all priests on the Feast of the Sacred Heart of Jesus.

Date /Time: Friday 8 June, 10.00am – 2.00pm, Singapore time

Venue: Good Shepherd Convent Chapel, 9 Lorong 8 Toa Payoh, S319253

Mysteries to pray: Luminous

Information: www.worldpriest.com; Email: worldpriest@gmail.com

ESSENTIAL ELEMENTS OF THE MASS: REKINDLING OUR EUCHARISTIC AMAZEMENT

What kind of thanksgiving does the term "Eucharistic celebration" imply?

And what kind of meal do we mean when we call the Mass "the Lord's Banquet"? Explore the essential elements of the Mass and celebrate the 15th anniversary of Pope John Paul II's encyclical "Ecclesia de Eucharistia".

Speaker: Dr Chandra Nugraha

Date/ Time: Tuesday 19 June, 7.30pm to 9.00pm

Venue: CANA, the Catholic Centre, 55 Waterloo St, #02-01, SG 187954

BISHOP'S CATECHESIS FOR NEOPHYTES

Calling all neophytes who were baptised in the past 3 years! Archbishop William Goh, chief shepherd of our archdiocese, shares how we can live, fully alive, as part of the Body of Christ.

Date/ Time: Saturday 23 June, 10.30am – 12.30pm

Venue: Church of the Holy Trinity, 20 Tampines Street 11, Singapore 529455

Theme: Body of Christ

Information: www.catechesis.org.sg

Church Office

120, King's Road, Singapore 268172 or
8, Victoria Park Road, Singapore 266492

Entrance via 8 Victoria Park Road

Kingsmead Hall (Priests' Residence), St Ignatius Hall, Sacred Heart Hall, Kingsmead Centre (for Ignatian Spirituality & Counselling)

Sunday Masses

Saturday: 6.00pm

Sunday: 6.45am, 8.15am, 10.15am, 12.15pm and 6.00pm

Weekday Masses

Monday – Friday: 7.00am & 6.00pm

Saturday: 7.00am

Confessions

Every Friday & Saturday: 5.40pm

Every Sunday Mass: 20mins before Mass begins

Infant Baptism (each month)

Briefing for parents & godparents (compulsory):

1st Sunday, 3.00pm

Baptism: 2nd Sunday, 3.00pm sharp

Registration forms are available at front of Church office

Weddings

Couples must make themselves known to the priest at least 6 months before the wedding.

Contact: Robert Ong (8511 4614)

Visiting Hours (Columbarium)

Open daily from 6.30 am to 8.00 pm (including weekends & Public Holidays)

Memorial Mass at the Main Church every 4th Friday, 6.00 pm for all deceased parishioners and families, followed by prayers in Columbarium.

Inigo Bookstore

Wednesday to Saturday: 4.30pm to 7.00pm and during Sunday Masses. Closed on Monday and Tuesday

Sick elderly and homebound

Please contact the parish office if help is needed for parishioners hospitalised (regardless of hospital).

In emergencies, you may also contact priests' residence at 6466 3225

Bereavement

Please contact the parish office Sacristan, Robert Ong (8511 4614)

for help and advice before contacting the funeral director.

Church of St Ignatius has no official social media accounts.

WEEKLY

Rosary in Church

Monday to Saturday, after 7am Mass and Monday to Friday 5.15pm to 5.45pm, except first Friday of the month

Intercessory Prayers

Tuesday, 2.30pm in Sacred Heart Hall Adoration Room, Level 2

Catholic content online, login:

www.FORMED.org; parish code: 4904ed

Gentle Light

Tuesday, 10am – 12noon in St Francis Xavier Chapel (Kingsmead)
Thursday, 10am – 12noon in Sacred Heart Canteen (Room SH-A)

Divine Mercy Devotion

Every Wednesday after 6.00pm Mass in the Main Church.

Christian Meditation

Friday, 2.30pm in St Francis Xavier Prayer Room (Kingsmead)

MONTHLY – in Main Church

Sacred Heart of Jesus Mass

Every 1st Friday, 8.00pm (No 6.00pm Mass)

Followed by

Eucharistic Adoration by Generation CHRIST!

Children Eucharistic Adoration

Every 3rd Friday, 7.45pm

Memorial Mass

Every 4th Friday, 6.00pm, followed by prayers in Columbarium