



CATHOLIC CHURCH of St Ignatius

Find Rest in Christ

How do you rest when you are feeling tired? I think most of us would have tried at some time or other to get as much sleep as we can so that our bodies and our minds can rest. At other times, we rest by doing what we love: traveling, reading, being with friends and family, and for a select group, perhaps even run a marathon!

We know that sometimes when we do either of those things, we cannot get the rest we need. Even though I stay in bed all day, I might still feel tired. Even though I do what I love, I am unable to find rest. Our Gospel reading today suggests a third way in which we might find rest through a deepening of our relationship with Christ.

Come to me all, you who labour and are overburdened. Jesus' posture to the tired and the weary is that of **welcome**. We need not be in a better space or even know how to pray well. Sometimes all that we can bring into our prayer to him is just that tiredness from our work, our worries, and that is okay. He invites us to come as we are.

And I will give you rest. Between the "I" and "you" there are few words. Thus,

Shelter in Our Lord (Matthew 11:25:30)

✠ "It is said that cats are aware of God's existence. Dogs think people are gods, but cats don't. Cats know that we're only the middlemen to God's will." This was a quote by an Istanbul resident in a documentary called *Kedi*, screened at The Projector in Golden Mile Tower.

Initially, this film seemed a waste of time. I watched it only because I know how much my girlfriend loves cats. To my surprise, the documentary was good. Cats are more than just cats in Istanbul, they are

we are called to an **intimate** relationship with Jesus. It is in this space of proximity where we learn to exchange our tiredness for nourishment from him.

Shoulder my yoke and learn from me, for I am gentle and humble in heart. Within the intimate space where we encounter Jesus, we are invited to **imitate** him. He asks us to share his concerns, to learn from him, to become like him. His concern is for all those who are excluded. His teaching is that of mercy. And here he tells us what he is like in the depths of his being: he is gentle and humble. If we imitate his heart, then we will truly find rest.

How then should we rest when we are feeling tired?

Fr Mark Aloysius, SJ

Parish Priest	Fr Leslie Raj, SJ
Assistant Parish Priests	Fr Agustinus Tanudjaja, SJ Fr Matthew Tan, SJ
Parish Administrator	Angela Kurnadi
Parish Accountant	Joyce Setiawan
Catechetical Director	Jeremy Aloysius
Youth Coordinator	Gerard Robert
Sacristan	Robert Ong
Operations Manager	David Saw
Facilities Manager	Steven Leong
Communications Manager	Therese Gian

part of their culture. People from different walks of life shared their experiences and encounters with the street cats, and how these felines bring a deep meaning to their lives, giving them an opportunity to reflect on their purpose.

Cats "choose" their humans for love and affection, shelter and food. They know when they need help and whom they should turn to. As I was reflecting, I realise that at some point a cat would need help and seek it from the right human.

I believe it relates to what Jesus is telling us this Sunday, "Come to me, all



Sunday 9 July 2017

Fourteenth Sunday of Ordinary Time

1st Reading: Zechariah 9:9-10

2nd Reading: Romans 8:9,11-13

Gospel: Matthew 11:25-30

Monday 10 July

Liturgy of the day

Tuesday 11 July

St Benedict

Wednesday 12 July

Liturgy of the day

Thursday 13 July

Liturgy of the day

Friday 14 July

Liturgy of the day

Saturday 15 July

St Bonaventure

Sunday 16 July

Fifteenth Sunday of Ordinary Time

you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light."

Many of us work hard to a point of exhaustion. Sometimes we might not be aware of it until we hit rock bottom. Only then will we try to find ways to "rest".

So where or whom do you turn to? Jesus invites us to turn to Him. Remember this, "Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?" – Matthew 6:26.

As we are all called to be disciples of Christ, we too serve as the "middleman" to others. All of us have a dual role – to be like a cat knowing when to find rest in God, and being the middleman, leading others to our Lord for rest.

So all who are overburdened, it is time to be like a cat and find shelter in our Lord.

Gerard Robert

PARISH NEWS

Next weekend's **SECOND COLLECTION** is for the GIFT campaign by the Catholic Foundation.

CONSIDERATE PARKING

Parking at the multi-storey and basement car-parks is strictly at designated lots only. No parking at ramps and driveways. Parishioners remaining for prayer, fellowship and events apart from Masses, have found their cars blocked. **Non-compliance also poses a safety concern as the car-park capacity is exceeded. Your immediate co-operation is deeply appreciated.**

PAINTING WORK AT CHURCH AND ANNEX

From July to mid October, the Church and Annex building will be repainted, in phases, starting with the main Church building.

FEAST OF ST IGNATIUS TRIDUUM

Our Parish Triduum, **Encountering Christ Daily**, in preparation for the Feast of St Ignatius, will be on 26, 27, 28 July. Mass will be at 8pm each night. Our presiders will be Frs Jude David, Gregory Tan and Valerian Cheong. Come for all 3 days to pray, reflect and celebrate as a parish community. Confessions 20 mins before mass. More details in the flyers. There will be no 6pm mass on those days. No Memorial Mass that Friday, but intentions will be offered at the 8pm Triduum mass.

EUCCHARISTIC ADORATION FOR CHILDREN

Sing hymns, offer Rosary and intercessory prayers, and spend an intimate hour with our Lord Jesus in the Holy Eucharist. Friday, 21 July, 7.45-9pm at main Church.

NOTE OF APPRECIATION

Teachers and students of CHIJ, Our Lady of the Nativity thank parishioners of St Ignatius for carnival ticket sale on 24/25 June weekend. A total of \$6,290 was collected for the school building upgrading project.

Jesuit Refugee Service Singapore raised a total of \$25,442.45 last week. The funds will be used for the education and pastoral care of refugees in Thailand and Indonesia. Thank you very much for your generosity.

WEEKEND CATECHETICAL PROGRAMME

Parents of P3 children being prepared for First Holy Communion are reminded of their children's First Reconciliation on Saturday, 15 July. Please pray that these children, as they enter into the Sacrament of Reconciliation for the first time, may experience the healing grace of God.

LIFE IN THE SPIRIT SEMINAR (LISS) – RECEIVING GOD'S GIFT

Come and be reconciled with our Maker, through the Sacrament of Reconciliation, to make our body, mind and spirit ready to receive God's Gift of the Holy Spirit. This Wednesday, July 5 at St Ignatius Hall. Start at 7.30pm with fellowship dinner and end at 9.30pm.

WEDNESDAY BIBLE STUDY

Bishop Barron's Pivotal Players I: Film series illuminating the lives of six saints, mystics, artists, and scholars, who shaped the life of the Church and changed the course of civilisation. 5 July to 25 October, 9.45am-12pm, Rm 01-08/09. SMS Jo (8183 2273) or Viv (9785 2268).

SATURDAY BIBLE STUDY

Saturday Rockers' new study on Ephesians. St Paul's Letter to the Ephesians reveals our great inheritance as sons and daughters of God. We all can be transformed by God's love! DVD Presentation by Jeff Cavins and Thomas Smith; every Saturday from 15 July, 1.30pm, in Room 02-02. Contact Magdalene at svdp88@gmail.com or whatsapp 9152 8227.

RITE OF CHRISTIAN INITIATION FOR ADULTS (RCIA) 2017/2018

Begins 1 August (every Tuesday, 8pm to 10pm). Introduce friends or family to our Catholic faith. Baptised Catholics are also invited to journey as sponsors. RCIA sponsors' briefing and training: every Tuesday from 11 until 25 July, 8pm. Enrolment forms for Inquirers and Sponsors at the Place of Gathering and website. Contact Sandra (9628 6472) or Angela (6466 0625).

RITE OF CHRISTIAN INITIATION FOR YOUTHS (RCIY) 2017/2018

Invite non-Catholic friends and family (aged 17 and above) to share the joy of the faith. Welcome tea and info session on Saturday, 8 July, 4pm to 6pm. First two sessions on Saturday, 15 and 22 July. From 1 August, the journey continues every Tuesday, 8pm to 10pm. Contact: Evelyn (9762 6330) or Aaron (8228 3419) Email us: rciy.ignatius@gmail.com Facebook: <https://facebook.com/stigsrcci/>

NCC NEWS

Unless otherwise stated, all meetings start at 8.00pm.

ZONE A DISTRICT 1

Wednesday, 12 July, SH-02-E (opp Adoration Room)
Programme: "Who Am I to Judge? – Responding to Relativism with Logic and Love" by Edward Sri
Session 1: Don't Impose Your Morality on Me!

ZONE A DISTRICT 2

Wednesday, 19 July, #02-02, Sacred Heart Hall
Programme: James – Pearls for Wise Living. The Great Adventure Series by Jeff Cavins & Sarah Christmyer.

ZONE B DISTRICT 1

Tuesday, 18 July from 1.30 pm
Programme: Visit to St Theresa's Home

ZONE B DISTRICT 3

Thursday, 20 July, #01-04
Programme: 1) Gospel Sharing – Daily Word of God
2) History of Christianity

Come to the Upper Room.

It was in the Upper Room where Jesus shared the Last Supper the night before his Suffering and Crucifixion. At the Last Supper, Jesus washed the disciples' feet and issued his mandate – "Go and wash the feet of others". It was the same place where he then broke bread and shared the wine, and instituted the Holy Eucharist – "Do this in memory of me."

It was in the Upper Room where the Apostles were praying with Mary when they experienced the first Pentecost. They heard what sounded like a powerful wind which filled the entire house, and what seemed to be like tongues of fire, which separated and came to rest on the head of each of them. They were all filled with the Holy Spirit. Then they were transformed into eager witnesses and messengers of the Good News under the action of the Holy Spirit.

The Upper Room is the Cenacle (Latin: Coenaculum). The Cenacle is both a place and an experience.

"To enter the cenacle means to enter the heart, to dare to experience something of God, to allow something of God to enter into us..."

Homily of Pope Paul VI



Image credit: Arcabas, Pentecost 2005

The Religious of the Cenacle was founded in France in 1826, and the Cenacle Sisters came to Singapore in 1997. The Cenacle Sisters' mission is to journey with people in their search for God through retreats, seminars, workshops, spiritual direction and other forms of spiritual ministry. Grounded in Ignatian Spirituality, the Cenacle Sisters accompany and support all who search for meaning and direction in life. In addition to the Cenacle programmes, the Sisters are also involved in various programmes of the Archdiocese of Singapore – they assist in the faith formation of local seminary and parishes, such as RCIA, youth outreach, in the pastoral care of migrants, in the various programmes of the AGAPE Village. (To find a Retreat, please go to <http://www.cenaclemission/retreats-workshops.html>)

After almost 20 years serving the community, the Sisters have come to the joyful decision to establish firm and lasting roots in Singapore by searching for a permanent home. The Sisters need S\$5 million for a modest-sized property. The new premises will serve as the centre for their ministry, as well as their residence.

We can support the Cenacle Sisters with our prayers as they search for the Cenacle Centre. We can also support them with donations to aid in their fundraising.

Two events are coming up very quickly, and where we can give our immediate support:

- *An Evening Concert "God's Spirit in Song" on Sept 2 and 9, 2017 at Church of St Peter and Paul.*
- *Fundraising cum Gala Dinner on 26 August 2017 at the Orchard Hotel. Grand Ballroom Dinner to celebrate 20 Years in Singapore: "Let's be builders of God's Upper Room."*

Donation for the tables are at S\$3,000, S\$5,000, S\$10,000 and S\$20,000.

Help us build a new Cenacle Centre to make available to the work of the Spirit for Pentecost to happen again and again.

The Sisters and volunteers will be at the Church of St. Ignatius this Saturday and Sunday. Come and find out more about the Cenacle Sisters and their mission. Come and find out more about the Cenacle programmes.



FOR DONATIONS

BY BANK TRANSFER:
OCBC 689-786671-001

BY CHEQUE, CROSSED
AND PAYABLE TO:
Cenacle Mission (Singapore) Ltd,
47 Jurong West Street 42,
Singapore 649368.



JESUIT NEWS

CAREGIVING WITH PURPOSE & LOVE

Caregiving provides unpaid assistance and support to individuals in need. Most of us will have to be involved in it at some point in our lives before we become the recipient of care. Learn about how we can be a caregiver without feeling burdened. Date: Thursday, 3 August, Time: 7.30pm - 9.30pm Facilitator: Dr Seng Boon Kheng Contribution: \$30

Register: <http://tinyurl.com/caregive17>
Details: www.kingsmeadcentre.sg

BECOME A JESUIT

If you are considering a vocation as a Jesuit priest or brother, go to www.mas-jesuits.org and www.facebook.com/jesuit.vocations.malaysia.singapore for information. You can also contact Fr Agustinus Tanudjaja SJ or Fr Adrian Danker, SJ at mas-vocations@jesuits.net

Jesuit Regional Curia, Telephone: 6469 7356

Fr Christopher Soh SJ, Fr James Tan SJ

Kingsmead Hall, Jesuit Community, Tel: 6466 3225

Fr Gerard Keane SJ, Fr Gerald Tseng SJ, Fr Charles Sim SJ, Fr Colin Tan SJ, Msgr Philip Heng SJ, Fr Adrian Danker SJ, Fr Gregory Tan SJ, Sch Don Basil Kannangara SJ

Kingsmead Centre, Tel: 6467 6072 Jesuit Mission Office Tel: 6463 6022

ARCHDIOCESAN NEWS

ART AND SOUL: A WAY TO GOD THROUGH ART

By Cenacle Sisters in partnership with art therapist Joanna Tan.

Stay-in weekend retreat of prayer, reflection and expression through creative play, colours and textures. Non-artists are most welcome (this is not an art workshop).

Date: 21 July (8pm) to 23 July (1pm)
Venue: Montfort Spiritual Centre
Contribution: \$350 (includes materials)
Registration: <http://www.cenaclemission.com/art-soul.html>

CLARITY'S INTRODUCTORY TO SELF-WORTH FOR YOUTH WORKSHOP

3-session workshop to understand self-worth, its importance and impact in your life, and ways to maintain your self-worth through life's ups and downs via various activities. Saturday, 15 and 22 July, and 5

August, 10am to 12pm at Blk 854 Yishun Ring Road, #01-3511. \$10 per person. Register: call 6757 7990 or email registration@clarity-singapore.org

TALKS IN JULY BY THE APOSTOLATE FOR CATHOLIC TRUTH (ACT)

1. The Theology of the Body Introductory Talk, 14 July by Andrew Kong
 2. Using Reason to show God Exist, 21 July 2017 by Dr Mark Nowaki
 3. Answering Muslim Questions about Christianity, 28 July by Estella Young
- Date: 14, 21, 28 July 2017, Fridays.
Time: 7.45pm to 9.30pm
Venue: St Joseph's Church, Victoria Street (conference room).
FREE, All are Welcome
Register at <http://tinyurl.com/ACT-Talk-Signup> or SMS 9649 3893 for enquiries (Andrew).
More details: www.catholic.sg/act

Church Office

3rd floor (from King's Road) or behind Kingsmead Hall (Victoria Park Road)

Sunday Masses

Saturday: 6.00pm
Sunday: 6.45am, 8.15am, 10.15am, 12.15pm and 6.00pm

Weekday Masses

Monday-Friday: 7.00am & 6.00pm
Saturday: 7.00am

Confessions

Every Friday & Saturday: 5.40pm
Every Sunday Mass: 20mins before Mass begins

Infant Baptism (each month)

Briefing for parents & godparents (compulsory): 1st Sunday, 3.00pm
Baptism: 2nd Sunday, 3.00pm sharp. Registration forms are available at front of Church office

Weddings

Couples must make themselves known to the priest at least 6 months before the wedding. Contact: Robert Ong (8511 4614)

Columbarium Opening Hours

Daily: 6.30am - 8.00pm
Public Holiday: Closed

Inigo Bookstore

Wednesday, Thursday and Friday: 4.00pm to 6.20pm and during weekend Masses

Sick and elderly

Please contact the parish office if help is needed for parishioners regardless of which hospital they are at. You may also contact priests' residence at 6466 3225

Bereavement

Please contact the parish office Sacristan, Robert Ong (8511 4614) for help and advice before contacting the funeral director.

Entrance via 8 Victoria Park Road

Kingsmead Hall (Priests' Residence), St Ignatius Hall, Sacred Heart Hall, Kingsmead Centre (for Ignatian Spirituality & Counselling)

WEEKLY

Rosary in Church

Monday to Saturday, after 7am Mass and Monday to Friday 5.15pm to 5.45pm

Intercessory Prayers

Tuesday, 2.30pm in Sacred Heart Hall Adoration Room, Level 2

Christian Meditation

Friday, 2.30pm in St Francis Xavier Prayer Room (Kingsmead)

Gentle Light

Tuesday, 10am - 12noon in St Francis Xavier Chapel (Kingsmead)
Thursday, 10am - 12noon in Sacred Heart Canteen (Room SH-A)

Divine Mercy Devotion

Every Wednesday after 6.00pm Mass in the Main Church.

Catholic content online, login:

www.FORMED.org; parish code: 4904ed

MONTHLY - in Main Church

Sacred Heart of Jesus Mass

Every 1st Friday, 8pm (No 6pm Mass)

Followed by

Generation CHRIST! Eucharistic Adoration

Children Eucharistic Adoration
Every 3rd Friday, 7.45pm

Memorial Mass

Every 4th Friday, 8pm (No 6pm Mass)